

**SUMMER SCHOOL
EUROPEAN SOCIETY OF HYPERTENSION**

Endorsed by:

**Spanish Society of Hypertension
Spanish Foundation for Cardiovascular Diseases
RECAVA, Health Institute Carlos III
University of Valencia**

**Date: 9-14 September, 2006
Venue: Valencia, Spain**

GENERAL INFORMATION

The sessions will be held in the Aula Magna, Central Building of the University of Valencia, Avda Blasco Ibañez, 15, 46010 Valencia, Spain

A reference book with the most relevant bibliography (one of two articles for topic) will be provided at the beginning of the course

PRELIMINARY PROGRAMME

SATURDAY, 9 September

p.m. Arrival and registration

SUNDAY, 10 September

Sightseeing Tour

17:00-17:15 Presentation of the Course:

Chair person: JL Rodicio (Madrid)

17:15-17:45 **State-of-the-Art Lecture:** The impact of hypertension in health across the world, **SE Kjeldsen (Oslo)**

18:00-18:30 **State-of-the-Art Lecture:** Future of antihypertensive treatment
A Zanchetti (Milan)

18:30-19:00 General discussion

MONDAY, 11 September

Chair person: A Coca (Barcelona)

09:00-11:00 **First Seminar:** New technologies in hypertension research:

Molecular genomics **A Dominiczak (Glasgow)**

Proteomics **V Andres (Valencia)**

General discussion

11:30-13:00 **Second Seminar (part 1):** New methods in the hypertension clinic

Inflammatory markers **A Heagerty (Manchester)**

Emerging CV risk factors **SE Kjeldsen (Oslo)**

13:00-15:00 Lunch

Chair person: R Carmena (Valencia)

15:00-17:30 **Second Seminar (part 2):** New methods in the hypertension clinic

Assessment of endothelial dysfunction **J Vila (Valencia)**

Assessment of large vessels function **G London (Paris)**

MRI in the evaluation of heart and vascular disease
V Martinez (Valencia)

17:30 Close of the sessions

TUESDAY, 12 September

Chair person: E Lurbe (Valencia)

09:00-10:30 **Third Seminar (part 1):** Origins of hypertension

Influence of birth weight in the development of hypertension and diabetes
JL Rodicio (Madrid)

Risk of hypertension in precocious overweight and obesity
E Lurbe (Valencia)

General discussion

10:30-12:30 **Third Seminar (part 2):** Origins of hypertension

Salt **M Luque (Madrid)**

Alcohol **A Coca (Barcelona)**

Metabolic syndrome **R Carmena (Valencia)**

General discussion

12:45-14:30 Lunch

14:30-16:30 Visit to clinic and laboratory facilities

16:30 Close of the sessions

WEDNESDAY, 13 September

Chair person: P Aranda (Malaga)

09:00-10:00 **State-of-the-Art Lecture:** From hypertension to heart failure
J Diez (Pamplona)

10:00-11:00 **State-of-the-Art Lecture:** From hypertension to renal damage
LM Ruilope (Madrid)

Chair person: LM Ruilope (Madrid)

11:30-13:00 **Fourth Seminar (part 1):** Assessing the goals in the hypertensive:
 BP measurement

Ambulatory BP monitoring **J Staessen (Leuven)**

Self BP measurement **M de la Figuera (Barcelona)**

General discussion

13:00-15:00 Lunch

15:00-17:30 **Fourth Seminar (part 2):** Assessing the goals in the hypertensive:
 intermediate endpoints

Left ventricular hypertrophy **J Diez (Pamplona)**

Microalbuminuria **J Redon (Valencia)**

Carotid wall-thickness **J Staessen (Leuven)**

General discussion

20:00 Dinner

THURSDAY, 14 September

Chair person: M Luque (Madrid)

09:00-10:30 **Fifth Seminar:** Hypertension in special groups

Children and adolescents **E Wühl (Heidelberg)**

Pregnancy **R Cifkova (Prague)**

11:00-12:30 **Sixth Seminar:** Refractory hypertension

Assessment and prognosis **A de la Sierra (Barcelona)**

Management **S Erdine (Istanbul)**

Case record

General discussion

Chair person: J Redon (Valencia)

12:30-13:00 **Closing lecture:** The hypertension specialist: Facts and future
G Mancia (Milan)

13:00 Lunch and Departure

FACULTIES

Spain

Andres, Vicente
Aranda, Pedro
Carmena, Rafael
Coca, Antonio
de la Figuera, Mariano
de la Sierra, Alex
Diez, Javier
Luque, Manuel
Lurbe, Empar
Martinez, Vicente
Redon, Josep
Rodicio, Jose Luis
Rubio, Vicente
Ruilope, Luis Miguel
Vila, Jose

NON-SPANISH MEMBERS OF THE EUROPEAN SOCIETY OF HYPERTENSION

Cifkova, Renata
Dominiczak, Anna
Erdine, Serap
Heagerty, Anthony
Kjeldsen, Sverre
London, Gerard
Mancia, Giuseppe
Staessen, Jan
Wühl, Elke
Zanchetti, Alberto